

When schools close for the summer, White Crane opens its doors for our exciting Karate Summer Camps! If your sons or daughters have wanted to try karate and the Martial Arts, then this is the perfect opportunity for them to train safely and traditionally.

At White Crane, we offer two, 1-week sessions, of fun-filled summer camps in June and August for children between the ages of 6-12 years old. Camp is all day, Monday - Friday, from 9 am - 4 pm, with the option of early drop off at 8:00 and late pick-up at 5:00 (for an additional fee, please see pricing). Renshi Butler and our Advanced Students work with children in small and large group settings to help them improve both as an individual and as a student.

**Session 1: June 25 - 29, 2018**

**Session 2: Aug. 20 - 24, 2018**

Students will be lead through a fun-filled martial arts program that will safely introduce new students to the martial arts and also polish and expand the skills of those with previous experience. Activities cover all the important areas of training, including:

- Karate (kicking, punching, blocking, & throwing)
- Self Protection / Anti-Bullying Techniques
- History & Philosophy of the Martial Arts

as well as....

- Arts & Crafts
- Swimming (optional) / Field Trips

Emphasis on when it's appropriate to use martial arts is taught throughout all lessons. The training is meant for self protection uses only, and even then, only when absolutely necessary. It is meant to be a way of life, a code on how we should live. It teaches us to be kind, humble, and compassionate. This is the difference between traditional and sport karate.

A Karate uniform (Gi (pronounced "ghee")) and a belt are available from the instructor for \$30.

Certificates of completion will be awarded on the last day of camp.

There is a 15 minute demonstration for the campers AND parents at the end of the last day of each camp session.

***Sibling discounts apply, as well as discounted pricing for multiple week registrations -- please see our pricing chart online or in the Registration Packet.***